

Liz Randall -World Hour Record Attempt
70-74 age group



Thurs Dec 13th at 0900-1000 at DISC Velodrome, 281 Darebin Rd, Thornbury

The current 70-74 age group UCI World Hour Record is 36.581km.

“Please come along to encourage me and help relieve the initial tedium/later agony of circling around a 250m velodrome for 3,600 seconds.”



World Masters champion on road and track also former UCI World Hour Record holder age group 65-69 and the current holder of the Australian Record for the age groups 60-64 and 65-69.